



Nevada State Board of Massage Therapist

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Notice of Workshop to Solicit Comments on Proposed Temporary Regulation

The Nevada State Board of Massage Therapists will hold a public workshop by videoconference, which is set to begin at 1:00 pm on Thursday December 28, 2006 at the following locations:

Carson City:

Nevada Department of Justice
Office of The Attorney General
100 North Carson Street
Carson City, NV 89701

Las Vegas:

Grant Sawyer State Office Building
Attorney General Conference Room 4500
555 E Washington Ave
Las Vegas, NV

The purpose of the workshop is to solicit comments from all interested persons on the following general topics that may be addressed in the proposed regulations:

SANITATION, FACILITY AND BUILDING REQUIREMENTS

Equipment: Sanitation Rules

Cabinet, vapor, or steam baths and Saunas;

- 1) All establishments giving cabinet, vapor, or steam baths shall be equipped with adequate shower facilities.
- 2) All cabinets, showers, tubs, basins, massage or steam tables, combs, brushes, shower caps, and all other equipment used shall be cleansed and shall be rendered free from harmful organisms by the application of a bactericidal agent.
- 3) Equipment being exposed to the client must be cleansed with soap or detergent and hot water and must be sanitized prior to use on each individual client.
- 4) All equipment, furniture, and fixtures shall be clean and well maintained.
- 5) All electrical equipment used for client's care must be clean and well maintained and approved by a nationally recognized testing laboratory such as UL approved.
- 6) All hydrotherapy equipment must be cleaned after each use and must be well maintained. All equipment must be used in a manner as prescribed by the manufacturer.

Communicable Disease Control

- 1) All licensed massage therapists are required to have knowledge of communicable diseases for the protection of clients and the massage therapists.
- 2) Any massage therapist or massage business owner or manager who has reason to suspect that any employee or client may have a communicable disease should suggest that the individual have an examination by his/her licensed health-care provider. A written statement from a licensed health care provider verifying that the licensed massage therapist is in compliance with the communicable disease guidelines is required prior to resumption of massage practice by that particular licensed massage therapist.
- 3) Licensed Massage Therapists are required to follow the communicable disease guidelines as adopted by the Board.
- 4) A therapist or anyone dealing with any blood born pathogen or bodily fluids will practice Universal Blood Spill Procedures....see OSHA also.

Massage Lubricants, Dispensers and Storage

- 1) Massage lubricants include but are not limited to the following: oils, soaps, alcohol, powders, lotions, shampoos and salts.
- 2) Massage lubricants must be dispensed from suitable containers to prevent contamination and those containers must be cleaned and sanitized before each refill.
- 3) Massage lubricants shall be stored to prevent contamination.
- 4) Massage lubricants shall be stored separately from cleaning supplies.
- 5) Massage lubricants must be stored as to preserve their integrity.
- 6) Spa treatments, supplies, muds and body wraps may be used, so long as appropriate sanitary precautions are considered

Doors and Windows

- 1) Doors and windows opening to the outside air shall be tight fitting and exclude flies, insects, rodents, or other vermin.
- 2) The massage room shall provide client privacy.
- 3) No room may be used simultaneously for massage and any domestic purposes.

Walls and Ceilings

Walls and ceilings must be kept clean and well maintained.

Floors

- 1) Floors must be kept clean and well maintained.
- 2) Floors in toilet rooms shall be made of an impervious material that is non-porous or non-absorbent.

Furniture

- 1) Furniture must be kept clean and well maintained.
- 2) Massage tables shall be clean and well maintained.

Garbage and Refuse Disposal

- 1) Garbage and refuse containers shall be easy to clean and well maintained.
- 2) Garbage and refuse shall be disposed of in a sanitary manner.

Heating, Ventilation, and Lighting of Massage Rooms

All rooms in which massage is practiced shall:

- 1) Have the capability of heating and maintaining room air to a temperature of 75 degrees Fahrenheit at a point 24 inches above the floor.
- 2) Have sufficient ventilation and circulation to prevent objectionable odors.
- 3) Have lighting fixtures' capable of providing a minimum of five (5) foot-candles of light at floor level and shall be used during cleaning operation.

Linens

- 1) The use of soiled linens is prohibited.
- 2) All single-service materials and clean linens shall be stored at least four inches off the floor in shelves, compartment, or cabinets used for that purpose only.
- 3) All single-service materials and linens (such as sheets, towels, gowns, pillowcases) used in the practice of massage shall be furnished clean and fresh for the use of each individual patron.
- 4) All soiled linens must be deposited immediately in a receptacle that is marked or clearly defined for the use of soiled linens.
- 5) All soiled linens must be washed and sanitized prior to each use.

Outer garments

All licensees must wear clean clothing and practice high standards of personal hygiene.

Cleansing of hands

Every licensee must thoroughly wash his/her hands in an antibacterial liquid before and after serving each client and after each use of the restroom.

Water Supply

The water supply must be adequate, safe, and sanitary.

Plumbing

All interior water distribution piping must be installed and maintained in conformance with the local Plumbing Code.

External Baths

External baths are defined as, but not limited to, spa pools, showers, tub baths, saunas and steam baths.

1) Spa pool means any pool of water designed primarily to direct water or air-enriched water under pressure onto the bather's body with the intent of producing relaxing or therapeutic effects.

2) Showers mean baths where the bather's body is sprayed with a fine stream of water from small jets.

3) Tub baths mean where the bather's body is dipped or soaked in a body of water.

4) Sauna means the application of dry heat and/or water vapor.

5) Steam bath means the application of water vapor.

6) All spa pools and tub baths which are intended for recreational bathing shall be licensed and operated in accordance with the Nevada State Health Division rules and regulations for Public Swimming Pools and Bathhouses.

7) External baths where used shall:

a) Be separate from massage room;

b) Have floors, which are slip-resistant, easily cleaned and coved to a height of four inches (10 cm);

c) Have interior walls and ceiling finishes which are easily cleaned and impervious to water;

d) Where rubber or impervious mats are used, have such mats cleaned and dried between usage;

e) An effective watertight joint between wall and floor must be maintained;

f) Where resilient artificial recreational surfaces are used, they shall comply with the National Sanitation Foundation Standard #39 or its equivalent, and be vacuumed with a wet vacuum frequently, to keep them clean and free from accumulated moisture.

8) Showers where used shall:

a) Have compartments, which are impervious to water to a height of six (6) feet (1.83 m) above the floor;

b) Have shower stall floors that are furnished with non-slip impervious surface;

c) Where glass bath or shower doors are used, the doors shall be made of safety glass.

9) External baths, equipment and rooms must be kept in good operating condition.

Sewage Disposal

All sewage and liquid waste shall be disposed of in a Municipal Sewage System where such facilities are available. If a Municipal Sewage System is not available, sewage and liquid

waste shall be collected, treated and disposed of in compliance with the rules and regulations of the Department of Environmental Quality governing subsurface sewage disposal.

Toilets and Lavatory Facilities

- 1) Every massage business must be provided with a sanitary toilet.
- 2) Lavatories with adequate supply of hot and cold water under pressure shall be conveniently located for use by the employees and patrons.
- 3) Toilet room doors shall be capable of being fully closed and locked from the inside and the rooms must be kept clean, in good repair, and free from flies, insects, and vermin.
- 4) A supply of soap in a covered dispenser and single-use sanitary towels in a dispenser must be provided at each lavatory installation with waste receptacle for proper disposal. A supply of toilet paper on a dispenser shall be available for each toilet installation.

Housekeeping

The premises of all massage businesses shall be kept clean and free of litter or rubbish. The massage business must be maintained in a neat and orderly manner.

The notice of workshop is to solicit comments on proposed regulation has been sent to all persons on the agency's mailing list for administrative regulations and posted at the following locations:

NOTE: WE WILL MAKE REASONABLE ACCOMMODATIONS FOR MEMBERS OF THE PUBLIC WHO ARE DISABLED AND WISH TO ATTEND THE MEETING. SHOULD SPECIAL ARRANGEMENTS FOR THE MEETING BE NECESSARY, PLEASE NOTIFY THE MASSAGE THERAPY LICENSING BOARD IN WRITING AT P.O. Box 11427, Reno, NV. 89510-1427 OR CALL LISA COOPER, (775) 220-8775, AS SOON AS POSSIBLE.

The Agenda was posted at the following places:

Grant Sawyer Building, 555 E. Washington Avenue, Las Vegas, NV
Office of the Attorney General, 100 N. Carson Street, Carson City, NV
Office of the Attorney General, 5420 Kietzke Lane suite 202, Reno, NV
Nevada State Capitol, Capitol Complex, Carson City, NV
Nevada State Board of Massage Therapy Website

11/28/06